



The KaryoCares Wellness Program is aimed to promote total wellbeing for each member of our team and their families. The program includes weekly offerings in fitness classes, meditation, nutrition, financial health and so much more!

**Make sure to check out the KaryoCares Wellness Resource Center on KaryoNet!**

## Caring for Your Wellbeing: KaryoCares Wellness Program



The KaryoCares Wellness Program aims to play an impactful role in driving total wellness and well-being through events, training sessions, learning opportunities, and much more! Karyopharm aims to support employees and families across the range of personal and professional needs; physically, emotionally, socially, and financially. The goal and mission: A happy & healthy Karyophamily!

### The Wellness Program is built around 4 Pillars of Wellness:

- **Physical Wellbeing:** Tackling specific issues that are sapping productivity and spiking health-care cost
- **Emotional Wellbeing:** From job and life satisfaction to managing stress, focusing on helping individuals with mindfulness and emotional intelligence
- **Social Wellbeing:** Building a culture of trustworthiness, making connections and strengthening relationships
- **Financial Wellbeing:** Improving financial confidence by tackling topics such as budgeting, banking, student loans, credit cards, and retirement

# Caring for your Wellbeing: Valuable Additional Benefits

## EMPLOYEE ASSISTANCE PROGRAM (EAP)

Living a productive and fulfilling life requires a healthy mind and healthy body. The Employee Assistance Program offered by Karyopharm through ComPsych, a confidential, third-party administrator, is available for you and your dependents should you need assistance with managing daily stresses of work, home and family. ComPsych can assist with health and wellness topics such as stress, alcohol and drug dependencies, adjusting to change, child and elder care, grief, family or parenting issues, marital or relationship issues.

The program is available to you at no additional cost, except when using discounted services like Legal Consultation.

## PAID TIME OFF (PTO)

Length of Service	Hours Per Year	Monthly Accrual (Hours)	PTO Accrual Cap (Hours)
0 - 5 years	160 hours (20 days)	13.34 hours	160 hours*
5+ years	200 hours (25 days)	16.67 hours	200 hours*

*PTO balance is a combination of vacation, sick and personal days.*

*\*PTO accrual is capped at 160 hours or 200 hours depending on length of service (California employees refer to the Employee Handbook for further information). Once you hit 160/200 hours, you stop accruing. The accrual will begin again once you take time and fall below 160/200 hours. You do not lose any time from one year to the next. View balances and record time taken in Sage People.*

## EMPLOYEE PERKS AND DISCOUNTS

**Access Perks** is our employee discounts provider. They offer exclusive reduced pricing – 20% to 30% off on average – on over 850 products, services and experiences. There are several discount categories, like Fitness, Sports and Electronics! To request access, email [benefits@Karyopharm.com](mailto:benefits@Karyopharm.com).



**Wellbeing includes taking a break from time-to-time. Don't forget to use your PTO, that's what it's there for.**



KPTI believes in caring for each employee as a whole person. This includes rest and relaxation! KPTI is excited to offer a generous PTO policy as well as multiple perks and discounts to help the whole family enjoy a night out or dream vacation!